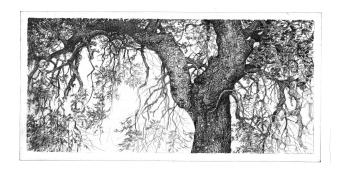
THE MYTH OF APATHY

(behaviour change from the inside out)



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University of College London :: Energy Institute 20 November 2012



ANXIETY

AMBIVALENCE

ASPIRATION

WHAT DO WE MEAN BY "BEHAVIOUR CHANGE"?

(What are our assumptions?)

Do people care?

Are people motivated?

What makes people do things differently?

What are the lead drivers / levers of behavioural changes?

ANXIETY (defences)

denial projection disavowal splitting

THE DISCOURSE OF GAPS AND BARRIERS

THE VALUE-ACTION GAP

BARRIERS TO ENGAGEMENT

WHAT HAPPENS IF WE REPLACE

WITH

GAP

BARRIERS



COMPLICATIONS?

DILEMMAS?

ANXIETIES?

(IT'S NOT ALWAYS ABOUT LACK OF CONCERN OR CARE.)

MY HYPOTHESIS IS THAT MAN IS HAMPERED IN HIS MEETING OF THIS ENVIRONMENTAL CRISIS BY A SEVERE AND PERVASIVE APATHY WHICH IS BASED LARGELY UPON FEELINGS AND ATTITUDES OF WHICH HE IS UNCONSCIOUS

HAROLD SEARLES



Joy Garnett. Flood (2) (Strange Weather series) 2005.



Joy Garnett, Evacuation (Strange Weather Series) 2005.



Joy Garnett. *Plume* (Strange Weather Series) 2005.

The Myth of Apathy: Psychoanalytic Dimensions of Ecological Degradation

GREEN BAY, WISCONSIN

The Great Lakes contain 21% of the world's fresh surface water: 5,472 cubic miles ($22,810 \text{ km}^3$), or 6.0×10^{15} U.S. gallons (2.3×10^{16} liters). This is enough water to cover the 48 contiguous U.S. states to a uniform depth of 9.5 feet (2.9 m).

Why are people not doing more to protect and restore the Great Lakes and tributaries?

(Big Idea)

What is the experience of ecological degradation? How is it made sense of, felt, experienced?

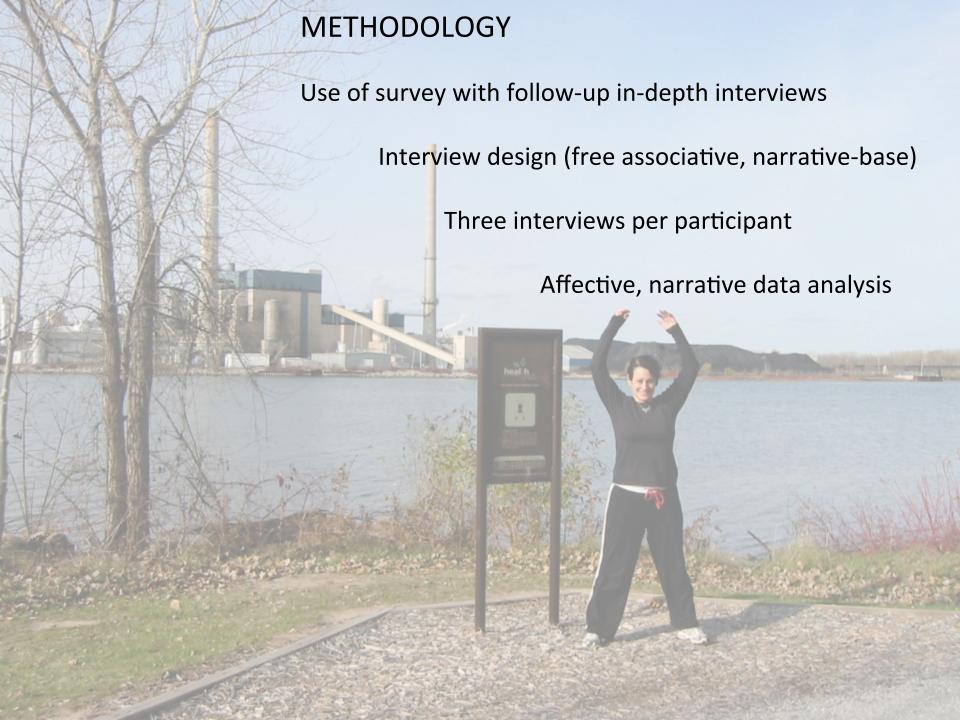
And what does this tell us about what we call "engagement" or "action"?

HOW DO PEOPLE EXPERIENCE DEGRADATION?

HOW MIGHT CONCERN SHOW UP?

WHY MIGHT PEOPLE WHO CARE ABOUT THEIR ENVIRONMENT, NOT ENGAGE ACTIVELY TO PROTECT IT?

WHY DOES CONCERN ABOUT CLIMATE CHANGE NOT TRANSLATE INTO ACTIONS?





The Great Lakes hold one fifth of the world's fresh water supply and provide drinking water to over 30 million people. Yet each day, our Lakes are damaged economically and ecologically by untreated sewage, industrial pollutants and invasive species. Unless we invest in a solution today, the price we will pay tomorrow will be much higher and future generations may never experience the Lakes as we know them. Fortunately there is a solution—you. You can sign a petition to urge Congress to pass the Great Lakes Collaboration Implementation Act, a comprehensive regional plan that dedicates funding to protect our drinking water, economic future and way of life. Log on to www.healthylakes.org to let your voice be heard. In just a few minutes you can protect the Great Lakes.



LOSS

MOURNING

MELANCHOLIA

AMBIVALENCE

CONFLICT

NOT FEELING INVITED OR ENGAGED

BEYOND THE COUCH SERIES

THE NEW LIBRARY OF PSYCHOANALYSIS
Series Editor. Alessandra Lemma

Engaging with Climate Change

PSYCHOANALYTIC AND C.
INTERDISCIPLINARY PERSPECTIVES

EDITED BY
SALLY WEINTROBE

Published in Association with the Institute of Psychoanalysis, London

(application)

Targeting the epeat Voice



Challenge:

Messaging for environmental electronics registry (new consumer brand)

The paradox of green electronics

[+]

Love, lust, pleasure, excitement

Toxics, exploitation, suffering, waste

How do we align messaging to address consumers' latent, unconscious dilemmas? [weird, eh?]

For example: Walking the middle path (not too rah rah)

We know that you know.
We know that you care.
We know that this is a bit of a drag.

We know you want your product and to do the right thing.

1. MEETING PEOPLE WHERE THEY ARE (SENSITIVE, NUANCED COMMUNICATIONS)



1. MEETING PUBLICS WHERE THEY ARE (SENSITIVE, NUANCED COMMUNICATIONS)



2. Doing Research Differently

LISTEN

GO LATERAL (NOT FRONTAL)

INTERDISCIPLINARY TEAMS

RESEARCHING AFFECT/EMOTIONS

CONTEXTUAL, PSYCHOSOCIAL METHODS

NARRATIVE AND MEANING-BASED ENQUIRIES

DILEMMAS

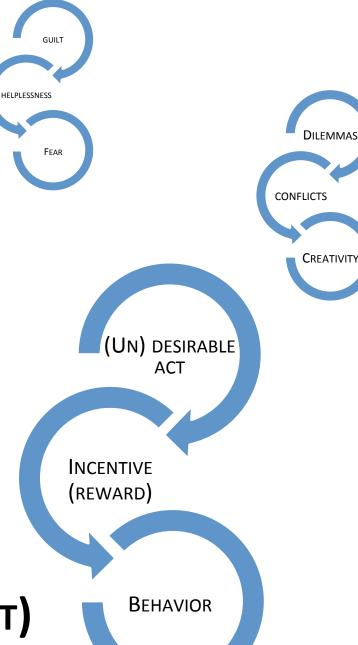
CONFLICTS

CREATIVITY

1. MEETING PUBLICS WHERE THEY ARE (SENSITIVE, NUANCED COMMUNICATIONS)

2. DESIGNING MEANING-BASED PROGRAMMES (TAPPING CREATIVE POTENTIAL, INVITATIONAL ENGAGEMENT)

3. DESIGNING MEANING-BASED PROGRAMMES
(TAPPING
CREATIVE POTENTIAL,
INVITATIONAL ENGAGEMENT)



"If you want people to change, you've got to listen to them. You've got to understand what stops them from making changes or engagement with issues, and you find that happens through starting conversations."

Rosemary Randall Founder, Carbon Conversations

LISTEN. BE CURIOUS. CREATE CONVERSATION-BASED PLATFORMS. (i.e. Carbon Conversations)

2. BE HONEST. DITCH THE RAH-RAH.

(THIS IS F'ING HUGE.)

3. PARTNER. PARTNER WITH PSYCHOLOGICAL PRACTIONERS. CREATE GENUINE INTERDISCIPLINARY TEAMS.